

Extensive Executive Coach Biography

EDUCATION

HEC Business School, graduated with honors in Marketing in 1984

COACH TRAINING

➤ Individual Coach Training Curriculum :

Co-Active Coaching at CTI (Coaches Training Institute) –East Coast US – 2002/2004

The fundamentals of co-active coaching (116 hour training in 5x3-day modules) in 2002-2003

Certification (60 hour training + 6 months supervision) in 2003-2004

The Body & Movement by Newfield Network – US/Colorado - 2013

Somatic coaching training thru dance, movement, massage and energy work (2 x 5-day modules)

La Relation Optimale en Coaching by Trajectives – Paris – 2014

The fundamentals of Gestalt therapy applied to coaching, (2 x 5-day modules)

➤ Other Specific Trainings :

Co-Active Leadership par CTI –West US – 2004/2005

Leadership training, train the trainer, and group dynamics basic training. 200 hour training course over a year in 4 x 5-day residential modules near San Francisco.

REN coaching scholarship by Top Human – Beijing, China – 2007

The Confucianist and Taoist approach in coaching, 3-day seminar.

Insights Discovery Training – Paris – 2009

Individual and team personality profiling, according to Jungian typologies, 2 x 2 days

Open Space Technology Training by Awareness - Paris – 2011

2-day training to understand and practice the very large groups' facilitation model of Harrison Owen in collective intelligence

Lumina Spark Training – New York – 2012

3-day training similar to Insights, with the added dimension of behavior under stress.

Certifications :

CPCC	CTI Certified Professional Co-Active Coach	2004
PCC	Professional Certified Coach by ICF	2009
Insights Discovery	Accredited Practitioner	2009

WORK EXPERIENCE

- 1985-1988: Assistant Brand Manager, then Brand Manager CUSENIER, Pernod-Ricard Group, Paris
- 1988-1991: Brand Manager, AUSTIN NICHOLS, Pernod-Ricard Group, New York
- 1991-1994: Group Brand Manager, CUSENIER, Paris
- 1994-1997: Group Brand Manager, KELLOGG'S, Paris
- 1998-2000: Market Research Manager, NONGSHIM KELLOGG, Seoul
- 2002-2006: Freelance Executive Coach, New York
- 2006-2008: Affiliated Coach, TEAM GLOBAL NETWORK Inc, Hong Kong
- 2009-2014: Partner Coach, TEAM GLOBAL NETWORK France
- 2014- ... Founder and Senior Executive Coach AMSARA, Paris

International Experience:

Overall I spent 19 years abroad, more than half my career, in countries as different as the US, South Korea, Hong-Kong. I was the only French person in Pernod Ricard in NY, and later the only non-Korean in the Kellogg's JV in Seoul. I had just moved back to NYC before Sept 11, 2001, and that played a big role in my transition to coaching.

In my practice I use my first-hand knowledge of different cultures, and my American and Asian experiences, to coach multi-cultural teams and individual expatriates or foreign executives.

Also because I did my coach training in the US I am really pragmatic and results oriented, while my years in Asia taught me mindfulness and the importance of being in the flow.

At this point I have more than 2000 hours of individual coaching, and over 1500 hours in team coaching.

Client references:

SOCIETE GENERALE, L'OREAL, LVMH, BLUEBELL, FREEWHEEL, SANOFI, ROCHE, ORANGE
Previous clients: CALYON, DORCHESTER GROUP, Alain Ducasse,